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myself, I have this gastro infection (at least that's what the doctor says). I have to eat certain meals only, I also got this red spot which came on my left hand wrist though it later went away now I saw another red spot on my right hand. I live alone and so I leave in constant fear and loneliness.

I am a student and my mum sends a lot to make sure I am okay...but of late I am unable to read, I feel weak a lot, I think too much. One thing I know is that God is seeing me. I pray this few days often but I pray in fear so. I don't think God hears me. Im also getting an itching body. I do not want to be sick, or depressed or anything negative in my life anymore. That's basically what I want from God.

I developed these panic attacks after IÂ had sex with my former girl friend then all of a sudden realised that she might have an STD or something worse...this was

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DISCUSSION

- Harold on [Finally Got Filled with the HOLY Spirit!](#)
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my first time to commit fornication and also my last... I know what I did was wrong, and I am glad I realised it was wrong. I have prayed to God for forgiveness. But I also want God to heal me if something unwanted has entered my system, I want God to heal me before I any realisation is found. Please help me and intercede on my behalf also. I am supposed to be the responsible one in my home. I know that when so many pray on my behalf, my prayers would be answered faster. Thank you.



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A relationship that I care for broke up between me and my fiancée. It was a bad break up, which ended ...

13 Comments

Zoe_Selah 2/23/2013

I have suffered from panic attacks, but God has healed me. Nothing is too big for Him. Commit your case to

- [Zoe_Selah on I Am Now Freed from Fear](#)

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Him.

[Reply](#)

lala 2/23/2013

thank you ..please also pray for me..

[Reply](#)



TESTIMONY SEARCH

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papy 2/23/2013

Hi my brother.

I suffered the same thing, but let me tell you that the devil is a liar, he want to make you believe that you will not be healed of his attacks. All time, he uses fear and multiplies attacks to discourage believers. You know, the Bible says: the kingdom of heaven is for the warriors... all those who are violent can get there. The Spirit that we have received is not a Spirit of fear or shy. It is rather a Spirit of courage. The devil knows very well that with prayers, we reach the throne of God, and thereby, we establish the power of heaven on earth. Believe me, as a citizen of the kingdom of God, the devil can not touch us.

I had terrible attacks last week, and I thought nothing could liberate me from this. The devil tried to make me believe that there would not be any other solution for this. I believe in God, and I'm really a Christian practicing the word of God. I'd like to tell you that the more you multiply prayers the more the devil tries to increase his attacks for a time. And when you're constant, he gives up because he cannot resist the firepower of prayers. You must pray sincerely, and need to fast for a week. Try to read more bible scriptures about the weapons against our enemy (Psalm 91; 35, 23, 121), and some documents that will contribute to increase your faith and your spiritual level. Try to occupy your days reading the word of

God, listening to Christian music, practicing the word of God. Seek the will of God in your life. You will see that the devil is very very very small ... He can not resist the word of God. The Bible asks us to resist him and he will flee from us. Stand on the word of God, and resist him; pray constantly, you will see.

The girl with who you had sex is possessed by evil spirits. You should know that fornication is forbidden by God. When we have sex with someone, we become spiritually and physically one. But this is not the time to blame yourself. Your sin has already been forgiven, and God has already forgot it since you confessed it to Him. Keep praying and living to praise the Lord .

[Reply](#)

lala 2/24/2013



Thank you @papy...I'd fast for a week,I have recommitted my life back to Christ,I fell once,I won't allow the devil to succeed over me again..Thank you so much and please also pray for me .thank you.

[Reply](#)

Chris 2/27/2013

Look Up Andrew Wommack's Teaching On You've Already Got It.... Also Look Up Joseph Prince... .God Bless 😊

[Reply](#)

josef 2/27/2013

Brother

Think about God only,I mean every day, even every moment now. Speak His Word and stand on His promises that you are already healed. Speak it and

repeat every time. Find a friend and share on God's Word.

I believe God is leading you into a new beginning, a new plan and future. Believe this!!

God bless you

[Reply](#)

lala 3/3/2013

@ Chris...I'd look for them on the internet right away
thank you

@josef..I'd do that ..thank you very much..I also wish
that God is leading me to something entirely new .

[Reply](#)

grace 3/3/2013

Dont ever lose hope my friend. Even i never see you
but i know n understand your pain. Just hold on
because JESUS never leave you. I pray 4 u. Jesus
loves you.. 😊 jer 29:11 and romans 8:28 says god
always has better plans for your life.

[Reply](#)

Zoe_Selah 3/3/2013

lala, what I found out what worked for anxiety in my
life and everything else is faith in God's Word, nothing
else.

[Reply](#)

pietergabriel 3/4/2013

This is to all my brothers and sisters in the Name of
Jesus Christ our Savior. Yes, we are just humans and
we struggle the normal struggle all humans are
experiencing ,...but ,we have everything we need to
conquer Satan, and all his works of darkness!

However, when the storms around us become too
much, we tend to take our eyes away from our Lord

Jesus – just like Peter did when he walked on the water! That is the moment our faith starts to show cracks!!! The fact is – Jesus stands ready to take our hands when we fall and call on His Name! He knows our human hearts, our small or almost “no” faith, and how easy we do slip!

In only the last 2 months, so many things happened, in which I could CLEARLY see God's amazing works! I've got no reason as to doubt God ever !!! He is really The LIVING GOD! God's time and His works are perfect, but so many times we don't want to go through the process of pruning by God, because sometimes it may be very painful!

As for every child of God, the more we grow in our faith, the harder Satan will try to stop it. The truth is... Satan can't do anything God doesn't want him to do. Because we are children of God almighty, we can withstand the attacks of darkness. On the other hand, sometimes we have to go through hardships, as God knows the best as to shape us.

I really want to obey and submit myself to His pure will! I need you to pray for me and my wife, that we will keep our eyes on Jesus and walk in faith as God wants us to do! Please pray that He will give us wisdom and guide us through these difficult times, so that we may just shine for, and glorify our Heavenly Father God, Jesus Christ and the Holy Spirit!

I ask you to pray for us, but...I also pray for every child of God! God you know the best, your will be done, on earth as it is in Heaven! You hear the cry/call from every child. Please father, will you heal those who seek their healing in you, will you provide to those in need, who seek their provision in you! Protect your children under your wings and guides us to walk in faith, live your love and follow your ways. Please Father in

Heaven, bless us all! I ask this, in the Holy name of Jesus our Lord and Savior , and we thank you for hearing this prayer Father God! Amen!

[Reply](#)

lala 3/9/2013

Well thank u so much @grace ,@ zoÃ©_selah and @pieter Gabriel(especially for the prayer and shared experience)it is much appreciated and love this site soo much cos of the attention ,the members give .thank you all...but please continue to put me in your daily prayer.thank you.

[Reply](#)

Hasnam 3/27/2013

Look up Andrew Wommack! He makes the word come alive. He is truly anointed with the revelation knowledge of God!

[Reply](#)

Chelsea 3/31/2013

@lala, my brother in Christ, I have suffered terribly from panic attacks as well because of a genetic condition called panic disorder. I have had to go to the emergency room once because I literally felt like I was dying and fear was literally controlling me. Just know that you are DEFINITELY not alone in this – not now, not ever – because God is your Rock. I'm so glad to know that you have come back to Him!! What has helped me through this:

Read your Bible daily (trust me, it works! God's Word is so calming)

Recognize that worrying doesn't empty tomorrow of its sorrow; it only empties today of its strength. Just let go! Do not let fear stop you from embracing the life God wants you to have!! John 10:10 Jesus said "I am come that they might have life, and that they might have it more abundantly."

May God bless you to the fullest my friend! 😊 He is always with you!

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Harold

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